

Experiential Consultation Group for Trauma Therapists

New series starting Fall 2017



Artwork by Tally Tripp

FRIDAYS 10-11:45 AM Sept 8, Oct 13, Nov 3, Dec 8, Jan 26

SUNDAYS 3:30-5 PM Sept 10, Oct 15, Nov 5, Dec 10, Jan 28

A group designed for clinicians wishing to expand their clinical repertoire working with trauma. We will explore a range of expressive therapies that are useful when “words are not enough.” The sessions will be a blend of experiential exercises/ practice, didactic material and case consultation. This group is appropriate for clinicians at all levels from all theoretical backgrounds who desire training in experientially focused therapies including art (expressive), somatic (body focused) and mindfulness (present focused) approaches.

- **Enhance your effectiveness** working with clients who may respond best to therapies that do not rely on “top down” (cognitive) methods
- **Develop new skills** using art, body and mindfulness practices
- **Expand professional support** network in safe, supportive environment focused on ethical practice
- **Build creative resources** for personal growth and self care

Location: 108 A South Columbus St, Alexandria VA 22314 (2nd floor)

Cost: \$450 for series payable in advance

About the leader: Tally Tripp is a Licensed Clinical Social Worker and Board Certified Registered Art Therapist with extensive expertise working with complex trauma. Tally is certified in *Eye Movement Desensitization and Reprocessing (EMDR)*, *Sensorimotor Psychotherapy (SP)* and *Intensive Trauma Therapy (ITT)*. At George Washington University, she is Director of the Art Therapy Clinic, teaches a yearlong Trauma course, and leads study abroad and professional training in Africa. Tally has lectured and conducted numerous workshops both nationally and internationally on Experiential Approaches for working with Trauma. Recent chapters on Treating Pre-Verbal Trauma and Body Based Bilateral Protocol for Trauma were published in the 2016 book (J. King, Ed.) *Art Therapy, Trauma and Neuroscience: Theoretical and Practical Perspectives*, and in the professional journal, *Voices: The Art and Science of Psychotherapy* (2017) an article entitled “A Women's Trauma Group Embodies Responses to the US Election.”

For more Information or to register get in touch: tallytripp@gmail.com or mobile phone: 703-517-3312 or web site www.tallytripp.com